

“Make it a great day or not.

IMAGINE starting each day with messages like these:

Good morning, (name of school). This is (name of narrator) with a few words of wisdom.

Every day, we make many choices. Some choices are very small, like deciding whether to take the chocolate or the vanilla ice cream; and some are very big, like deciding whether to do the right thing or not.

Now listen to great American statesman William Jennings Bryan. He says:

“Destiny is not a matter of chance, it is a matter of choice.”

Our destiny is basically our destination in life — where we are headed. Mr. Bryan is saying that our choices determine our final destination ... they determine the outcome of our lives. If you want to create a successful and happy future, pause for a moment today and ask yourself this: Are my choices taking me in the right direction?

With something to think about, this is (name of narrator). Make it a great day ... or not. The choice is yours.

Good morning, (name of school).

This is (name of narrator) with a few words of wisdom.

Everyone has times when he or she struggles to understand something, whether it's a classroom lesson, a job that needs to be done, or a choice that has to be made. Struggle seems to be a part of life. When we are struggling, we are usually trying as hard as we know how to work through some difficulty. That sounds like it's a bad thing, doesn't it? Actually, there's a good side to any struggle.

Now listen to these words from Frederick Douglass:

“If there is no struggle, there is no progress.”

In other words, a struggle is an opportunity to move forward in life, to break through a barrier, to turn a stumbling block into a stepping stone. If you're struggling with something, remember, you don't have to struggle alone. Believe it or not, your teachers and counselors have had some experience with struggling. Talk to them (us). They (We) want to help.

With something to think about, this is (name of narrator). Make it a great day ... or not. The choice is yours.

